


## ITINERANT TOUR

# BETWEEN TWO RIVERS

 **12 - 16 july**  
5 days / 152 km

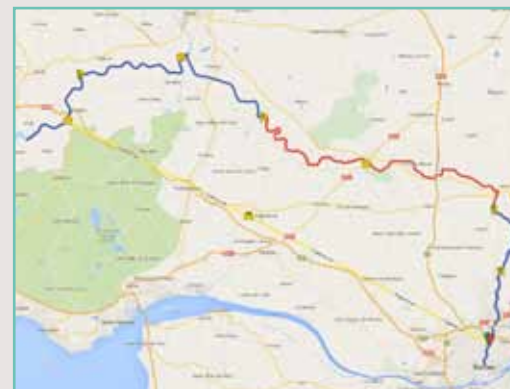
 **REQUIRED LEVEL** 

## ROUTE

This tour will take you from “La Roche Bernard” to Nantes and was largely enjoyed by previous participants for its organization and conviviality. In the heart of nature you will row along the Vilaine then take the canal from Nantes to Brest and reach one of the most beautiful French rivers : the Erdre !! This tour is accessible to rowers with a year of regular practice. The biking tour goes along the canal, and is therefore quite easy.

## SIGHTSEEING

You will enjoy very different landscapes : planted banks, meadows, cliffs and castles. During the two half days biking you will discover the locks along the canal. Meals, cooked by volunteers, will amaze your taste buds and initiate you to the local specialties. Evening games, festive meals and fireworks will enliven your stay. So as to preserve the legendary cosines of our tour, the number of inscriptions is limited to 60.



## PRATICAL INFORMATION



**TOUR DURATION**  
5 days, 12 - 16 july 2017



**TOUR PLACE**  
Nantes : Vilaine (river) - Canal from Nantes to Brest - Erdre (river)



**BOATS**  
Recreational double scull, recreational four-person sculling boats



**FEES**  
265 € with accommodation, including 4 nights in a camping and 8 meals. Holiday cottage available on demand. 265 € without accommodation, 8 meals included



**FOR COMPANIONS**  
Identical fees



**SEAT RENTAL**  
40 seats available, 12 €/day



**SAFETY**  
Supervision : 20 people  
Safety boats : 3



## PROVISIONAL PLANNING

**Day 1** : 2pm : Travel by bus from the Nantes' rowing club to La Roche Bernard.  
**Day 2** : from 9am to 4.30pm : Slipway of La Roche Bernard port, Loop near Arzal dam, lunch at port Folleux, rowing upriver the Vilaine. Landing in Rieux slipway.  
**Day 3** : from 9am to 11.30am : Rowing on the canal from Nantes to Brest, passing locks, picnic in Guenroüet port (swimming pool available). From 4pm to 6pm : bike ride on the towpath.  
**Day 4** : from 9am to 12am : Biking on the towpath from Blain to Vive-Ève. From 3pm to 5pm : Rowing on the canal then on the Erdre river towards the Nort-sur-Erdre bridge.  
**Day 5** : from 10am to 5.30pm : Rowing on the Erdre towards Nantes, crossing Mazerolles plains, lunch at Suced sur Erdre. Arrival at the club after a round trip into the city center.



## CONTACT

**Laetitia LETEXIER**  
**CLUB LÉO LAGRANGE**  
**NANTES AVIRON**

Mob. 06 62 45 64 43  
deux-rivieres@aviron-nantes-cll.com  
www.aviron-nantes-cll.com



## TO ENLIVEN YOUR STAY

**Tourist office of Nantes**  
Phone 08 92 46 40 44  
www.nantes-tourisme.com

**Tourist office of Suced-sur-Erdre**  
Phone 02 40 77 70 66  
www.cceg.fr

**Tourist office of Nort sur Erdre**  
Phone 02 51 12 60 74  
www.cceg.fr

**Tourist office of Blain**  
Phone 02 40 87 15 11  
otsi.blain.free.fr

**Tourist office of la Roche Bernard**  
Phone 02 99 90 67 98  
www.tourisme-pays-la-roche-bernard.fr