


WEEK-END « DE FORTS EN PHARES »

 **08 & 09 July**
2 days / 58 km

 **REQUIRED LEVEL** ■ ■ ■

ROUTE

De Forts en Phares offers a unique way of discovering the coats and naval heritage of the region. This tour is meant for experimented sea rowers. It is composed of 3 parts and lasts two days, during which you will discover the coast where oysters and mussels « grow ». Its 58 km long route goes from La Rochelle to Aix Island, via Fouras, Fort Boyard, Fort Enet and La Rochelle old harbor. You will navigate throughout history as you row along Fort Boyard and the many fortifications built in the surrounding cities, such as Rochefort and La Rochelle.

SIGHTSEEING

This landscape, between land and sea, sprinkled with oyster and mussel beds, as well as fishermen huts along their wooden piers, is called the « Estran ». Its ecological interest makes it part of the Natura 2000 European network. From La Rochelle, the famous medieval city, to Aix Island, described as « a village of stone and water », via Fort Boyard, you will navigate throughout History, from the great expeditions from the 18th century to recent deep sea fishing and sailing. Famous names and faces will guide you all long this journey, such as Napoléon, La Fayette, L'Hermione, Pierre Loti, Bernard Moitessier and the famous Josua, Charline Picon and her windsurf olympic medal..



PRATICAL INFORMATION



TOUR DURATION

2 days, 08 & 09 July 2017



TOUR PLACE

La Rochelle, « pertuis charentais » (sea)



BOATS

Quadruple coastal rowing boat



FEES

120 € : without accommodation, 3 meals included

130 € : with accommodation, 1 night and 3 meals included (camping gear not included)



FOR COMPANIONS

90 € : without accommodation, 3 meals included

100 € : with accommodation, 1 night and 3 meals included (camping gear not included)



SEAT RENTAL

40 seats available, 15 €/day



SAFETY

Supervision : 20 people
Safety boats : 5



PROVISIONAL PLANNING

Welcome from Friday evening until 8pm.

Day 1 : From La Rochelle to Fouras (24 km) - from Fouras to Fort Boyard and Île d'Aix (13 km)

Day 2 : From Île d'Aix to La Rochelle (21 km)



CONTACT

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TO ENLIVEN YOUR STAY

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