

GETAWAY

GREAT LOOP ON THE SEINE



02 July
1 day /50km



REQUIRED LEVEL

ROUTE

The tour takes place on one of the Seine major loops downstream of Paris, starting in Neuilly-sur-Seine, then passing along the Ile de la Jatte, which is facing La Défense and is a famous place for joggers, walkers and sport enthusiasts in general. You will firstly head North-East and discover the banks of the surrounding suburban cities : Levallois-Perret, Courbevoie and Asnières as well as the green bank of the Ile de Saint-Denis. You will pass through several inner harbors near Gennevilliers, the larger multi modal platform of the Ile de France region, and also go by a few repair shipyards. You will soon go back to the green parts of the Seine banks when you reach Lagravère Park in Colombes. You will remain in this bucolic landscape until you reach Rueil- Malmaison and Chatou, between the banks of Nanterre and the island of Saint-Martin. Finally you will see again the towers of La Défense when the loops turns South West and you each the world of impressionists.

Lunch will take place on the Sine banks, before the Atelier Sequana, and ancient water station which shelters a nautical restoration workshop. A visit of the workshop and its beautiful boats is included in the tour.

SIGHTSEEING

The tour goes through part of the Hauts-de-Seine region and along 10 of the department cities. From the towers of La Défense to the hills of Rueil-Malmaison, it goes along three island of the department among which two (Ile de la Jatte and Ile des Impressionnistes) were famous for having inspired most of the impressionist painters of the end of the 19th century. Seurat, Monet, Sisley, Caillebotte all enhanced the canoeing and water activities.

The tour will show you the progressive takeover of the Seine banks by companies headquarters as well as the multiplication of green spaces for leisure and sport. Passing by numerous infrastructures the tour will go under 19 bridges and along one of the main harbors of Île-de-France. Since the tour is composed of two 25 kilometers parts the rowers may choose between a 25 kilometers long route or a 50 kilometers long one. Departure and arrival both take place at Pont de Neuilly and are easily accessible by metro, a few hundred meters away (line 1).



PRATICAL INFORMATION



TOUR DURATION

1 day, 02 July 2017



TOUR PLACE

Neuilly-sur-Seine - Seine, river



BOATS

Recreational four-person sculling boats



FEES

38€ : without accommodation, 1 meal included, 1 souvenir and 2 snacks



FOR COMPANIONS

25 € : without accommodation, 1 meal included - Children : 12€.

Children and companions can take part in the meal and visit the Sequana workshop and the boathouse.



SEAT RENTAL

50 seats available, 12 €/day



SAFETY

Supervision : 25 people
Safety boats : 5



PROVISIONAL PLANNING

7.30am : welcome at the CNF - île de Puteaux - Neuilly sur Seine - 8am : safety briefing
8.15am to 8.45am : boarding - 8.45 to 12am : Île de Puteaux - Île de Chatou (25 km)



CONTACT

Robert MOURRAL

CDA 92 & CNF

Mob. 06 71 60 77 62
grandeboucleseine@cnfrance.fr
www.cnfrance.fr



TO ENLIVEN YOUR STAY

**Tourist office
of Rueil-Malmaison**

Phone 01 47 16 72 66
www.rueil-tourisme.com/FR/visite-le-parc-des-impressionnistes_4623.html

**General Council
of the Hauts-de-Seine**

hdsportail@hauts-de-seine.net
www.hauts-de-seine.net/loisirs/visite-touristique/office-tourisme-92/office-tourisme-syndicat-dinitiative

Chatou city

Phone 01 34 80 46 00
www.chatou.fr

12am to 2pm : lunch in front of Sequana workshop - Île de Chatou - visit of the Sequana workshop
2pm to 2.30pm : boarding - 2.30 pm to 6pm : Île de Chatou - Île de Puteaux (25 km)