

WEEK-END

THE TRIEUX TOUR FROM BRÉHAT TO LÉZARDRIEUX



03 & 04 june

2 days / 40 km



REQUIRED LEVEL



ROUTE

On the first day, you will row downstream on Trieux river and under Lézardrieux' suspended bridge (listed as historical heritage), then pass by Lézardrieux and Loguivy harbors. Then you will row along Ferlas channel, between Bréhatin archielago and Arcouest. You will exceptionally be authorized to stop on Guerzido beach to enjoy a picnic.

In the afternoon you will enjoy a stroll on the « Ile aux fleurs » where you way visit the glass factory, the village and follow the coast to Birlot mill and the Peacock Lighthouse.

On the next day you will cross an area classified «Natura 2000» and row upriver to discover the Trieux river amazing fauna. You will pass by the house which was made famous by the « Sez nec Affair ». You will then reach the Roche Jagu castle; which was built in the 15th century and is listed as an historical site, along with its famous medieval gardens. It also is the showcase of the "Conseil Départemental des Côtes d'Armor" as well as a beautiful art gallery.

SIGHTSEEING

It also is the showcase of the "Conseil Départemental des Côtes d'Armor" as well as a beautiful art gallery. It combines rowing on a river, in an estuary and at sea. You will also enjoy its cultural aspect, thanks to the Domaine de La Roche Jagu and the visit of Bréhat.



PRATICAL INFORMATION



TOUR DURATION

2 days, 03 & 04 june 2017



TOUR PLACE

The river of Trieux and Manche (sea) around the Ile de Bréhat.



BOATS

Quadruple coastal rowing boat



FEES

120 € : without accommodation, 3 meals included (Possibility camping : equipment not provided)



FOR COMPANIONS

Identical fees



SEAT RENTAL

35 seats available, 15 €/day



SAFETY

Supervision : 20 people
Safety boats : 5

PROVISIONAL PLANNING

Day 1 :

10.30am : departure from Lézardrieux camping to Guerzido beach in Bréhat via Trieux descent (13 km),
12am : picnic in Bréhat,
2pm to 4.30pm : visit of the island on foot,
4.30pm : boarding and return to Lézardrieux camping (13 km),
6.30pm : Arrival and welcoming of rowers. Drinks and diner.



CONTACT

Anne-Cécile MEAR AVIRON DU TRIEUX

Mob. 06 80 22 18 73
avirondutrieux@orange.fr
avirondutrieux.jimdo.com



TO ENLIVEN YOUR STAY

Tourist office of Presqu'île de Lézardrieux

Phone 02 96 22 16 45
tourisme@presquile-de-lezardrieux.com

Intercommunal Office of Tourisme of Paimpol-Goëlo

Phone 02 96 20 83 16
tourisme@paimpol-goelo.com

Domain of « la Roche Jagu »

Phone 02 96 95 62 35
www.larochejagu.fr

Tourism office of Tréguier

Phone 02 96 92 22 33
http://www.tregor-cotedajoncs-tourisme.com/

Day 2 :

10.30am : start towards the Roche Jagu : 7 km
12am : arrival at the castle
12.30am : cold buffet under the Conseil Général tents
2pm to 3pm : visit of the castle and its gardens
3pm : boarding and return to the camping by 4.30pm